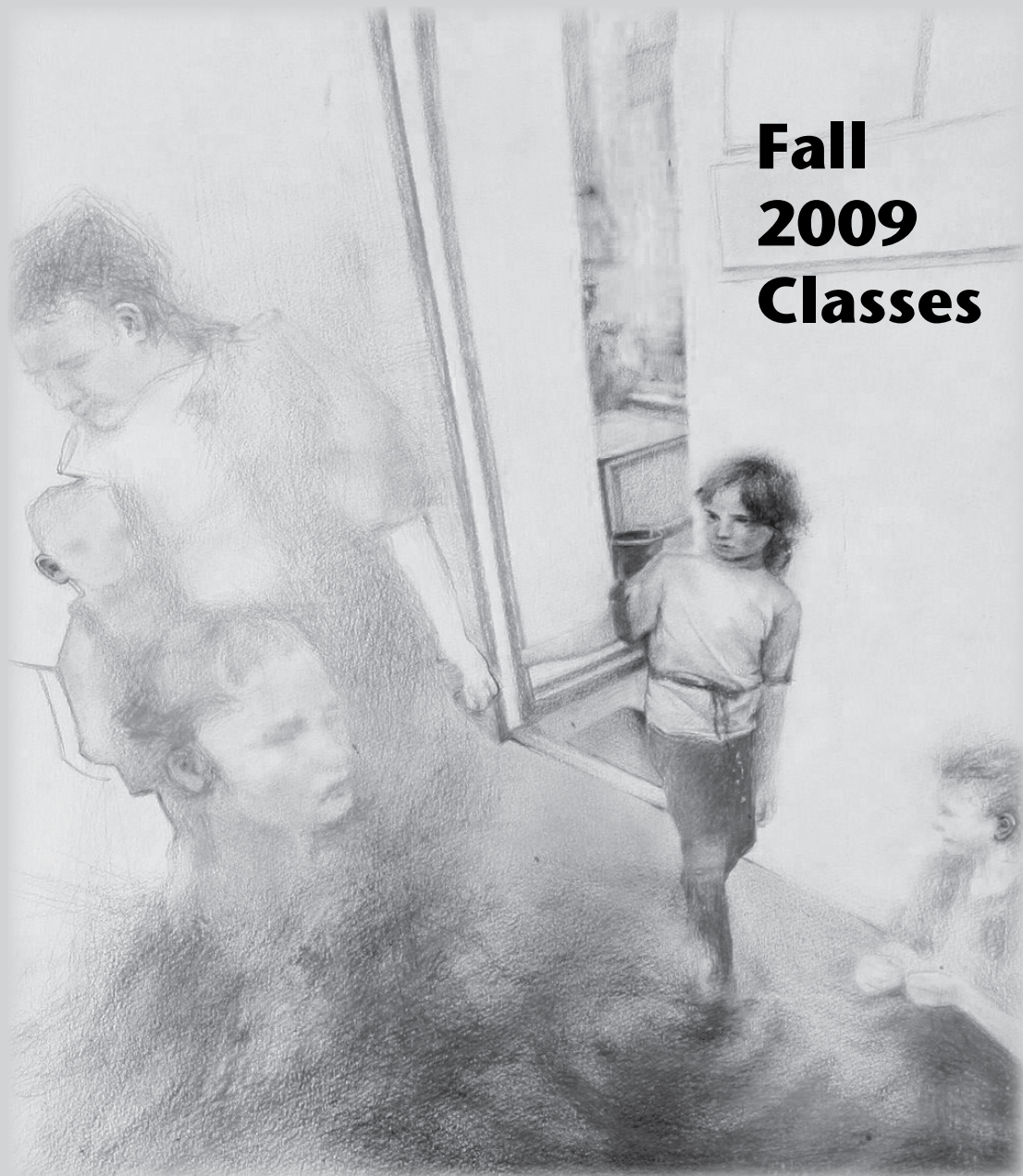


Adult & Community Education of

M A R T H A ' S V I N E Y A R D



Lily Jane Morris · lilyjanemorris.com

Fall 2009 Classes

- **Enrichment Classes: Oct. 5 - Nov. 12**
- **Essential Math/Essential English/College Entrance Prep Classes: Oct. 5 - Dec. 9**
- **Northeastern University Graduate & Undergraduate credit courses: Oct. 7 - Jan. 20 or 4 weekends**



Professional Development
Arts & Communication · Business/Computers
Cooking · Health/Fitness/Self-Help · History
Island Living/Land & Sea · Languages
Reading/Writing/Rithmetic · Volunteerism

ACE MV 2009 Fall Session Course Schedule

The catalog of courses, registration forms, gift certificates, and other information are also available on line at www.acemv.org. Register starting Sept. 1 online, or at the Course Sampling Fair: Tuesday, Sept. 22 at the High School cafeteria from 5:30 -7pm, or walk-in registration on Sept. 23 from 5:30 – 7pm HS lobby. Please register EARLY to secure a place, or the week night of classes with an added fee of \$5. Most courses have limited class sizes. **E-mail: lynn@acemv.org • Voice mail: 508-693-1033 ext 240.**

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Four easy ways to sign up & register for classes:

Sept. 22 — Course Sampling Fair

Meet the instructors and a representative from Northeastern University. 5:30 to 7 pm in the MVRHS Cafeteria

Sept. 23 — Walk-in Registration

5:30 – 7 pm MVRHS lobby.

Sept. 1- Oct. 1 — Online Registration

Course catalog with descriptions and registration form: www.acemv.org (pay online via PayPal with a 3% cost for handling)

Sept. 1 – Oct. 1 — By Mail

Complete a registration form and send a separate check or money order for each course made out to MVRHS (with course name on memo). Mail it to ACE MV Director Lynn Ditchfield, c/o MVRHS, 100 Edgartown Rd, PO Box 1385, Oak Bluffs, MA 02557.

This catalog was made possible by a grant from the Permanent Endowment Fund of Martha's Vineyard!

Special thanks to: The Permanent Endowment for Martha's Vineyard (catalog), The Martha's Vineyard Savings Bank Charitable Fund (scholarship fund for Essential Math and English and GED), the YMCA (for the website); to The Tisbury Farm Market as a sponsor and to our co-sponsoring organizations: Art Farm Enterprises, Bunch of Grapes, and Featherstone Center for the Arts; for many hours of volunteer work from: Julie Hitchings, Nan Doty, Judy Miller, Sandra Grymes, Barbara Welsh, Maria Avila, Jannette Vanderhoop, Chris Mara, BZ Rigor, Anne Bassett, Susan Klein, Brian Ditchfield, Mara Ditchfield, Maribel Umpiérrez, and extra support from Woody Filley, Janet Holladay, Chris Decker, Elio Silva, Peg Regan, Catherine DeGrandpre, Susan Markwica, Nell Coogan, John Celona Jr., Liza Coogan, Bill Gamson, Shari Geistfeld, Mike Ditchfield, Dr. Jamilly Pedro, Lily Jane Morris, and members of the Advisory Council; MVYPS staff support especially from: Jim Weiss, Janet Sylvia, Amanda Carter, Pat Ingalls, Deb Hart, Edith Rousseau, Marylee Schroeder, Ann Palches, Laurie Halt, and staff of Superintendent's office; Stephen Nixon, Neal Weaver, John Fiorito, Michael McCarthy, Jeff Agnoli, Jeff Rothwell, Francis "Scottie" Scott, Donald Ben David, custodial staff, Inez Montanile, Dawn Feinsmith, Jim Maseda and MVRHS teachers and staff.

Cover art by Lily Jane Morris: "Perceive" — Graphite/Colored Pencil on Paper, 25" x 36" — On her website Lily says: "Within my work I use the accumulation of man-made forms in a landscape, as a visual metaphor for the psychological landscape of a person. I am interested in how people create a path of debris that the world accumulates over time while collecting emotional debris within themselves." www.lilyjanemorris.com.



PROFESSIONAL DEVELOPMENT

The following courses are conducted in affiliation with the Northeastern University, College of Professional Studies, School of Education, Professional Programs. They will be offered on three levels: **Graduate credit, Undergraduate credit, and Enrichment (PDPs and CEUs available).** ACE students enrolled in these courses for credit will establish their MyNEU account providing access to library and NU services and information for the duration of their course.

Professional Development Fee Schedule

Fee: \$270: Enrichment course (32 hours)

Fee: \$700: 3 Undergraduate credits* through Northeastern University

Fee: \$900: 3 Graduate credits* through Northeastern University

Irish History

Ireland's history is one of colonialism, enslavement, transplantation and a vibrant Diaspora stretching over most of the world. Culturally this small nation, the furthest western point of Europe, has maintained its tradition of music, poetry, art and literature and has placed its stamp on the history of the world. This course examines how the Irish built a coherent narrative of resistance and adaptation during their interaction with their nearest neighbor, England, from the time of the Norman invasion to the Peace Accord in Northern Ireland. Particular emphasis is placed on the role of women in Irish society throughout Irish history as leaders and nurturers.

Fridays: 6 pm - 9 p.m., Saturdays: 9 a.m. - 2 p.m.
October 9/10; October 23/24; November 6/7;
and December 11/12 Room: 505;

course H# 4 Enrichment course (PDPs available)

*course PD# 1A for 3 undergraduate credits NEU

*course PD #1B for 3 graduate credits NEU

Instructor: Dr. Elaine Cawley Weintraub

Psychology: Body, Mind and Meaning

Where is the mind located? How is the body experienced? Ida Rolf taught that memories are in our muscles and Candace Pert has found emotions in our bodies' neuropeptides. This course considers the interaction between experience, memory, imagery, and the body. Is the body experienced as a machine, as spirit made flesh, as manifestation of mind? Through theoretical readings and discussion as well as experiential exercises this course provides educators, body workers, and psychotherapists with an introduction to the field of Somatic Psychology.

Wednesdays: 10/7, 10/14, 10/21, 10/28, 11/4, 11/18, 12/2, 12/9, 12/16, 1/6, 1/13, 1/20 Room: 419; 12 classes 6:00 - 8:45pm

course HFS #5 Enrichment course (PDPs available, CEU extra fee)

*course PD# 2A for 3 undergraduate credits NEU

*course PD #2B for 3 graduate credits NEU

Instructor: Peg Thayer, Ph.D.

World Religions Today

is an exploration of four contemporary religions: Buddhism, Judaism, Christianity and Islam in relation to common human themes with an in-depth study of nonviolence as it is expressed in these religions. The class will consist of lecture, presentations, discussion, and written theological reflections drawing on traditional and contemporary texts. Introductory course, no prerequisites.

Fridays: 6 pm - 9 p.m., Saturdays: 9 a.m. - 2 p.m.
October 9/10; October 23/24; November 6/7;
and December 11/12 Room: 510

course H# 5 Enrichment course (PDPs available)

*course PD# 3A for 3 undergraduate credits NEU

*course PD #3B for 3 graduate credits NEU

Instructor: Janet Holladay

***3 semester hour credits = 4 quarter hour credits at Northeastern University.**

Students must register for these classes no later than October 1st. Class size is limited and must have a minimum of 10 undergraduate/graduate students.



ARTS & COMMUNICATION

Understanding Capoeira

Discover an exquisite form of Brazilian culture: Capoeira is an Afro-Brazilian art form that combines elements of martial arts, games, music, instruments and dance. This class will explore these different elements and how Capoeira has survived centuries of oppression and police persecution to create an experience that is both mesmerizing and instructive? The course is ideal for anyone interested in learning about this Afro-Brazilian art form that is growing in popularity all over the world.

Wednesdays: 10/7, 10/14, 10/21, 10/28, 11/4
5 classes 6:30 - 8:30 pm Fee: \$135, course AC #1,
Room: Culinary Arts Dining Room

Instructors: Pablo DeOliveira & Second Monitor Adilson Ribeiro

Social Dancing: Basics & Beyond

Forget your troubles and dance the night away. Singles welcome, no partner necessary. Students are introduced to the dance connection, footwork fundamentals, and the essence of lead and follow. The class will provide a working knowledge of ballroom, Latin, and swing dancing for fluency in a variety of social situations, and as a pre-requisite for more advanced dance classes.

Tuesdays: 10/6, 10/13, 10/20, 11/3, 11/10
5 classes 6:30 - 8:00pm Fee: \$135, course AC #2,
Room: Culinary Arts Dining Room

Instructor: Tom Carberry

Speaking in Front of a Group: Increase Your Confidence in Public Speaking

Anyone can benefit! Perhaps you want to speak at a town meeting, increase your ability with English as a second language, become more effective at work, in leadership roles, or just become more comfortable speaking to

people on the street. In this class you will have an opportunity to practice in a supportive environment and speak in front of the group, get feedback about your strengths as a speaker, and how to improve where needed. Learn how to evaluate other speakers with positive feedback. The format is based on the one used by Toastmasters Clubs around the world.

Wednesdays: 10/7, 10/14, 10/21, 10/28, 11/4
5 classes 6:30 - 8:00 pm Fee: \$135, course AC #3,
Room: LRC

Instructor: Ron Dagostino

Understanding Shakespeare

Learn an appreciation of Shakespeare's plays by examining the world of Elizabethan England, his verse, and the elements of rhetoric employed. Then apply this knowledge to reading the text aloud. Be prepared to be on your feet.

Co-sponsor: **ArtFarm Enterprises**

Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 6:30 - 8:30 pm Fee: \$135, course AC #4,
Room: 413

Instructors: Brooke Hardman Ditchfield & Chelsea McCarthy

Guitar

This course will be geared to each student individually, and students are encouraged to select the music of their choice. Students will learn how the instrument works and proper playing techniques.

Materials: will be a loose-leaf binder to organize weekly work, and a guitar. The instructor is able to do guitar set-up and repairs; any questionable guitar, or one with ancient strings, should be addressed in the first class.

Tuesdays: 10/6, 10/13, 10/20, 11/3, 11/10
5 classes 6:30 - 8:30pm Fee: \$135, course AC #5,
Room: 407

Instructor: Michele Jones

Piano/Keyboard: Bach to Beatles

Have you ever been sorry you didn't listen to your mother and continue piano lessons?



Here is your opportunity to have easy access to thousands of pieces by a simplified method. All you need is a basic knowledge of the piano/keyboard and a desire to enjoy the music that you make. Each class: 1 hr. private lesson, 1 hr. observation. Class size limited. Materials Required: *The First Fake Book*.

Wed. AC#6: 10/7, 10/14, 10/21, 10/28, 11/4
Thurs. AC#7: 10/8, 10/15, 10/22, 11/5, 11/12
6:30- 8:30pm Fee: \$135, Room: 403

Instructor: Charles Blank

Getting Fired-up! Intro to Ceramics

This class is an introduction to working with clay. Experiences in making functional as well as sculptural pieces, using a variety of techniques, will be presented. Well thought-out forms, designs and functional uses along with good craftsmanship are emphasized. Studio time will be split into demonstrations and time in the studio. The final class will be a firing at the big kiln at Featherstone Center for the Arts with an option of sharing your work with other students. Materials: \$10.00 to instructor covers cost of clay, firing and glazes. Cosponsor:

Featherstone Center for the Arts

Tuesdays: 10/6, 10/13, 10/20, 11/3, 11/10
5 classes 6:30 – 8:30pm Fee: \$135, course AC #8,
Room: 324

Instructor: Scott Campbell

Floral Design/Flower Arrangement

The classes are balanced with very simple designs in both water vases and oasis/foam plastic containers that progress week by week with demos which build slowly on the basics, then get more complicated to round shapes, oval shapes, centerpieces, and one sided arrangements. The classes are hands-on with one-on-one supervision and lots of background info, humor, building self-esteem, inspiring creativity and camaraderie. Materials: Students provide their own flowers, tools and containers.

Wednesdays: 10/7, 10/14, 10/21, 10/28, 11/4

5 classes 6:30 - 8:30 pm Fee: \$135, course AC #9,
Room: 111

Instructor: Helene Barr

Barefoot Salsa Intro

This Cuban influenced dance class will focus on rhythm, “flavor”, body awareness, and your connection to the ground. This class is done without a partner, but is a great preparatory class for dancing with a partner.

Thursdays 10/8 and 11/5 Two one-class seminars 6:30 -8:30pm

Fee: \$35 each, course AC #10 -10/8, AC #11-11/5; Room: Culinary Arts Dining Room

Instructor: Christina Montoya

OTHER RELATED COURSES: all Writing courses; Introduction to the Art and Sport of Fencing

BUSINESS/ COMPUTERS

Blogging I

What the heck is a blog? Why do it? How to get started? How can it increase your \$uccess? Discover why blogging is a powerful tool and trend that connects you, your ideas, and your business to the world. Learn the best way to get started and the secrets to getting people to read it once it is up and running. This class will have your blog up and connected to the blog world before the end of the five weeks. “Blogs are a phenomenon that you cannot ignore, postpone, or delegate... blogs are not a business elective. They’re a prerequisite.” ~ *BusinessWeek Magazine*

Tuesdays: 10/6, 10/13, 10/20, 11/3, 11/10
5 classes 6:30 – 8:30pm Fee: \$135, course BC #1,
Room: 501

Instructor: BZ Riger

ACE needs dynamic teachers.



All you wanted to know about the Internet & Social Networking

You may know your way around the Internet, use email regularly, and feel comfortable searching, shopping, planning your vacation and making reservations online. But in this class you will go to the next level. Learn about Web 2.0 and social networking: Facebook, Twitter, Delicious, Digg, Flickr, YouTube, forums, mailing lists, blogs, wikis, social bookmarking, #hashtags, and other new tools this media provides. Learn how to take advantage of and use the new collaboration technologies of the Internet and how they can help you in your everyday life.

Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 6:30 - 8:30pm Fee: \$135, course BC #2,
Room: Library

Instructor: Braulio Carreño

Beginning Macintosh Computers

This course introduces the features of modern intel based Macintosh computers and the most up-to-date software that comes with new Macs. The class will learn the use of Mac OS 10.5 and the iLife applications that come with new Macs: iWeb, iMovie, iPhoto, Garageband, and Safari.

Tuesdays: 10/6, 10/13, 10/20, 11/3, 11/10
5 classes 6:30 - 8:30pm Fee: \$135, course BC #3,
Room: 406

Instructor: Jeff Bernier

Passions into Profits for Prospective Women Entrepreneurs

Learn how to deal with challenging issues for women in business by creating products, services, and programs that can be delivered globally. Discover how to turn your ideas

into cds, dvds, ebooks, and continuity programs. Learn how to develop and deliver your information, expertise, knowledge, and experience through virtual media. This course will help you decide what product or service to develop first, and provide the steps needed to move from creation to satisfied customer, without needing lots of technical skill or expense. You can use what you are already doing or a new idea and see results by the end of the 5 weeks. If you can write, speak, or think visually then you are just a few steps away.

Wednesdays: 10/7, 10/14, 10/21, 10/28, 11/4
5 classes 6:30 pm - 8:30pm Fee: \$135, course AC
#4, Room: 503

Instructor: BZ Riger

Quicken and Online Banking

Download your finances and make your taxes and financial life simple - Learning to use Quicken to download your checking and credit card charges can simplify finances and taxes. Students will learn how to set up Quicken for tax categories, how to set up online banking and credit cards safely, and how to download it all into Quicken so that devoting 10 minutes a month will make tax time a breeze.

Wednesdays: 10/7, 10/14, 10/21, 10/28, 11/4
5 classes 6:30 - 8:30pm Fee: \$135, course BC #5,
Room: Library

Instructor: Niki Patton

Work Smarter Not Harder

Effective attraction marketing and web presence tactics - For small business owners who want better results, and more customers, without spending a fortune on advertising and other promotions. Learn Attraction Marketing Tactics; discover the secrets of using the internet to market yourself in an effective ways on auto pilot, day after day, year after year. You'll learn how to attract more Island customers before during and after they visit the island and expand your reach globally. No need to be super tech savvy. Enthusiasm for what you do and openness to new ways of thinking about marketing will jump-start your success.

Donations for the general program, scholarships, and GED program are welcome and greatly appreciated — see www.acemv.org.



Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 6:30 pm - 8:30 pm Fee: \$135, course BC #6, Room: 501

Instructor: BZ Riger

Feng Shui for Business and Self Development

This seminar will explore the concept of ch'i and its influence on daily life. We will look at using Feng Shui to nurture change and to support your home, work place or business. We'll examine the path, arrangement, use of colors in your home, office, or place of business to discover ways to attract more clients, and customers.

Thursday 10/15 one seminar 6:30- 8:30pm
Fee: \$35, course BC #7, Room: 415

Instructor: Catherine Finch

OTHER RELATED COURSES: Island real estate basics for homeowners, would be homeowners and tenants

COOKING

Mexican Cooking

Chef Marvin believes in working with local food and teaching others how to make a great Mexican meal the way a chef taught him: "Everything goes in...!" In this evening of cooking pleasure, you will learn how to make salsa, guacamole, enchiladas and flan, use ingredients wisely, and sit down to enjoy a wonderful meal. Bring home some recipes, and a doggy bag if you're lucky!

Sponsored by **Tisbury Farm Market**

Materials: \$5 (discounted thanks to Tisbury Farm Market) directly to the instructor and bring a container for leftovers.

Tuesday 10/6 one seminar 6:30-9:00 pm
Fee: \$35, course C #1, Room: 111

Instructor: Chef Marvin Jones

HEALTH/FITNESS SELF-HELP

Introduction to the Art and Sport of Fencing

Students will be acquire knowledge of the basics: the history of fencing, fencing terminology, the proper use of fencing equipment, simple warm-up activities, basic footwork, and basic bladework. The beginning of the course will be taught in the format of group lessons; as students progress, individual mini-lessons will provide each student with an analysis of his/her strengths in regard to technique and tactics. Structured light bouting between students may be included as the course progresses.

Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 7:00 - 9:00pm Fee: \$135, course HFS #1, Room: Gym

Instructor: Dr. Michael Goldfein

Healing Yourself and Your Family

Learn simple energy techniques for relieving-removing-healing physical and emotional pain. A very practical approach, results are often startling. If you want to live an expansive and loving life and at some point die peacefully in your sleep, this course is for you.

Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 6:30 - 8:30 pm Fee: \$135, course HFS #2, Room: 514

Instructor: Jon Harris

iRest/Yoga Nidra (Integrative Restoration for Health Healing and Awakening)

In this five week introductory course you will learn about Yoga Nidra, an ancient deep relaxation and self-inquiry practice. iRest is an adaptation of this proven yogic system of heartfelt meditation. Richard C. Miller PhD. has created this ten step protocol that helps induce deep relaxation throughout the body and mind,



eliminate stress, overcome insomnia, solve and overcome personal and interpersonal problems (anxiety, anger, depression, trauma). You will be guided weekly in this practice and will be provided with a practice CD to use at home. It is simple to learn and a practice you can utilize throughout your entire life. No yoga experience is necessary. Just bring a couple of pillows and blankets. **Cosponsored by Sacred Circle of Yoga Studio.**

Tuesdays: 10/6, 10/13, 10/20, 11/3, 11/10
5 classes 6:30 – 8:30pm Fee: \$135, course HFS #3, Room: 115

Instructor: MJ Bindu Delekta

Student Feedback: *“MJ is very gentle, inspiring and open to her students ideas and needs. I highly recommend working with her.” —Mary Edward*

Nutrition and Dieting for the Health-Conscious Consumer

Going from basic food groups to superfoods, this class will be a primer on food, nutrition, and how to find the right diet for you.

Wednesdays: 10/7, 10/14, 10/21, 10/28, 11/4
5 classes 6:30 - 8:00 pm Fee: \$135, course HFS #4, Room: 115

Instructor: Dr. Oceana Rames

***Psychology: Body, Mind and Meaning**

(Offered as Enrichment course and for Professional Development, see page 1)

Wednesdays: 10/7, 10/14, 10/21, 10/28, 11/4, 11/18, 12/2, 12/9, 12/16, 1/6, 1/13, 1/20; 12 classes 6:00 – 8:45pm; Room 419;

Fee: \$270, course HFS #5, Enrichment (PDPs available, CEU extra fee)

Fee: \$700, course PD# 2A for 3 undergraduate credits* through Northeastern University

Fee: \$900, course PD #2B for 3 graduate credits* through Northeastern University

Instructor: Peg Thayer, Ph.D.

Reiki I

The human organism has the ability to heal itself on all levels. Reiki provides the chance to restore balance and harmony in body, mind, and soul. This healing modality can also be applied to oneself. Students will learn hand patterns, the chakras and the emotions connected to them, and how to perform a self-treatment of Reiki, through practice and discussion time.

Thursday: 11/12 one seminar 6:30 - 8:30pm
Fee: \$35, course HFS #6, Room: 415

Instructor: Maria Avila

Introduction to Alexander Technique

This is a one-time, introductory workshop. Alexander Technique is a mind-body approach to self-discovery and a way to change-of-movement habits. People use it to relieve chronic pain and tension, to help with posture and alignment, to aid in recovery from injury, and to improve overall health and wellbeing. It has been called a pre-technique because of its application to skills and activities, such as yoga, playing an instrument, or working at a computer.

Tuesday 11/3 one seminar 6:30 – 8:30pm
Fee: \$35, course HFS #7, Room: 505

Instructor: Margaret Knight

Intro to Hula Hoop Workout and Dance

How to get a full mind/body workout - Glutes, arms, abs - quickly and free of injury. Amazingly effective. Also hoop dance techniques and tricks. All levels - Hoops provided. Relaxing, massaging, stimulating, core muscle training.

Thursday: 11/12 one seminar 6:30 – 8:30pm
Fee: \$35, course HFS #8, Room: Culinary Arts Dining Room

Instructor: Keren Tonnessen

OTHER RELATED COURSES: Capoeira, Salsa, Feng Shui for Business and Self Development



HISTORY

The Making of Modern Turkey

A Historical Overview of Our Muslim Ally - Study the ancient Ottoman Empire, The First World War and the founding of the republic, Ataturk (Mustafa Kemal), Turkey's role as a modern nation in the Middle East, United States involvement with Turkey - diplomatically, economically, militarily, and a final session with Turkish food and music -- a cultural evening.

Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 6:30 - 8:30 pm Fee: \$135, course H#1, Room: 102

Instructor: Susan Strane

Wampanoag Culture: Myths versus Legends

This one time seminar examines the difference between myths and legends with a focus on Wampanoag history and culture. The instructor will weave in historic and contemporary issues from Indian Country, sharing stories that enlighten. Suggested readings will be offered for further study.

Tuesday: 10/6, 11/10 two one-class seminars 6:30 -8:30pm Fee: \$35 each, course H#2-10/6 and H#3-11/10, Room: 503

Instructor: Jannette Vanderhoop

Student Feedback: *I thought I knew a few things about Native Americans. This class has filled a depth of knowledge and pushed out the poor concepts. I would take this class over and recommend it to everyone.*

*Irish History

(Offered as Enrichment course and for Professional Development, see page 1)

Fridays: 6 pm - 9 p.m., Saturdays: 9 a.m. - 2 p.m.
October 9/10; October 23/24; November 6/7;
and December 11/12;
4 Intense Weekends Room: 505

Fee: \$270, course H#4 Enrichment(PDPs available)

Fee: \$700, course PD# 1A for 3 undergraduate credits* through Northeastern University

Fee: \$900, course PD #1B for 3 graduate credits* through Northeastern University

Instructor: Dr. Elaine Cawley Weintraub

*World Religions Today

(Offered as Enrichment course and for Professional Development, see page 1)

Fridays: 6 pm - 9 p.m., Saturdays: 9 a.m. - 2 p.m.
October 9/10; October 23/24; November 6/7;
and December 11/12; Room: 510

Fee: \$270, course H# 5 for Enrichment (PDPs available)

Fee: \$700, course PD # 3A for 3 undergraduate credits* through Northeastern University

Fee: \$900, course PD # 3B for 3 graduate credits* through Northeastern University

Instructor: Janet Holladay

OTHER RELATED COURSES: all Language courses, Energy and the Island

ISLAND LIVING/ LAND & SEA

Birding 101

Learn about the birds of Martha's Vineyard! We will discuss the basics of bird watching, including binoculars and field guides. We will also discuss the fascinating details of their migration patterns, ecology and behavior. We will then use all this information to learn how to attract birds to your yard with landscaping and bird feeders. And much, much more.

Note: An optional Guided Birding Tour to see birds may be arranged with the instructor.

Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 6:30 - 8:30 pm Fee: \$135, course IL #1, Room: 512

Instructor: Robert Culbert



Living in Paradise: Designing Your Own Home Landscape

This course is intended for those who are interested in learning the basics of landscape design, with a focus on your own home. The course is intended to lead you through the basics of site assessment, establishing a set of design priorities, and the design of a specific landscape to fit your site. Each student should have an intended project in mind, and will be able to have a finished design for that space by the end of the course. Materials: one 1/4 inch graph pad, and a pencil/pen for note-taking and sketches/diagrams. Other supply requirements do not go beyond home basics.

Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 6:30 - 8:30pm Fee: \$135, course IL #2,
Room: 520;

Instructor: Barbara Lampson

Island real estate basics for homeowners, would-be homeowners and tenants

This survey course for residential real estate will answer the following, and more: Do you have a homeowner exemption? What is your real estate tax bill? Thinking of refinancing? What does every tenant and landlord need to know? Are pet deposits illegal? Just what does a real estate broker really do? Were you represented by an attorney? What is 93A, the mega-powerful consumer protection law? What are joint ownership options? In foreclosure does the borrower have the power? What is the powerful impact of fair housing laws? Can a contract be amended by e-mail?

Wednesdays 10/14, 10/21, 10/28
3 classes: 6:30 – 8:30pm Fee: \$81, course IL #3,
Room: 102

Instructor: Robert Sawyer

Nautical Notes – Basic Knots

How to tie them, and when to use them - This class will give students a comprehensive understanding of knots and when to use them.

We will learn different types of knots, and which knot to use in any circumstance, taking into consideration variables such as types and sizes of line, wet or dry, etc. Although the class is geared toward use around the water and boats, these knots can be used in many other situations - pitching a tarp, tying a mattress on the roof of your car, tying up your dog outside the coffee shop, etc.

Materials will be provided for a \$2 fee to the instructor at the class.

Wednesday 10/7, 10/21
2 classes 6:30-8:30pm Fee: \$54, course IL#4,
Room: 513

Instructor: Lily K. Morris

Art with Rope: How to tie decorative & functional knots

This class will focus on decorative and slightly more complicated rope work than the basic knot class. With some input from the class about what they find interesting, we will learn a couple of types of fancy stopper knots, cox combing for covering handles, etc., a Turk's head, which can be used to make a bracelet or a thump mat, and how to tuck a basic eye splice. The basic knot class is not required, but is encouraged, and general comfort with rope/twine is also very useful. There will be an opportunity for students to design and execute a simple project by the completion of the second session.

Materials will be provided for a \$3 fee to the instructor at the class.

Wednesdays 10/28, 11/4 2 classes 6:30-8:30pm
Fee: \$54, course IL #5, Room: 513

Instructor: Lily K. Morris

Energy and the Island

This seminar on the energy portion of the Island Plan will describe what the Energy Work Group proposes we do to achieve a future with reliable and clean energy we can afford by 2050.

Tuesday: 10/13 one seminar 6:30 – 8:30pm
Fee: \$35, course IL#6, Room: LRC

Instructor: Paul Pimentel



OTHER RELATED COURSES: Wampanoag Culture: Myths versus Legends, Conversational Brazilian Portuguese, Red Cross Training Courses, Irish History

LANGUAGES

Introduction to Italian

Have fun learning some basic practical Italian dialogue. No prior knowledge of the language needed.

Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 6:30 - 8:30 pm Fee: \$135, course L #1, Room: 513

Instructor: Lidia Kassabgi

Conversational Brazilian Portuguese: Beginner Level

Portuguese is one of the most beautiful languages in the world. In this class you will learn the most popular words in Portuguese, skills required for effective communication, clear pronunciation, and some natural conversation. You will have many opportunities to practice speaking in the classroom through communicative activities, including pair and group work.

Tuesdays: 10/6, 10/13, 10/20, 11/3
4 classes 6:30 - 8:30pm Fee: \$108, course L #2, Room: 517

Instructor: Maria Avila

Conversational Spanish: Beginner Level

Basic to Intermediate knowledge. Practice what you know and learn some more in a fun setting. Bring yourself.

Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 6:30 - 8:00 pm Fee: \$135, course L #3, Room: 511

Instructor: Maribel Umpiérrez Adams

READING/WRITING/ 'RITHMATIC

Essential Math and English

The purpose of this course is to provide a learning experience to help participants gain the confidence and skills they need to begin or to reenter college level courses. It is designed to prepare students for taking college entrance exams, and Accuplacer (used, for example at Cape Cod Community College for college placement), and the General Education Degree (GED). The faculty will create a supportive learning community with individualized instruction. Fee: If both courses are taken, reduced to \$300 course # W1. Scholarship available.

Coordinator: Judith Harmon Miller

We are fortunate to have Judith as overall Essential Math and English coordinator, coaching teachers, supporting students, and writing curriculum to develop the program.

Essential English/Test Prep

This 8-week course will focus on essential English mechanics. We will be sensitive to the needs of the class but will concentrate on: essay writing, vocabulary, verb tense and agreement, sentence and paragraph structure, analyzing and understanding poetry, grammar and punctuation, and anything else that time allows. Homework should be expected as a valuable reinforcement tool.

Wednesdays: 10/7, 10/14, 10/21, 10/28, 11/4, 11/18, 12/2, 12/9

8 classes 6:30 - 8:30 pm Fee: \$216 (reduced with Math = W#1), course W #2, Room: 113, scholarship available thanks to Martha's Vineyard Savings Bank Charitable Fund

Instructors: Judy Searle, Elizabeth Stobart

Essential Math/ Test Prep

This 8-week course is geared towards preparing students to perform basic math functions



involving whole numbers, fractions, percents and decimals. Students will also become familiar with measurement and simple geometry problems. Homework will be designed to reinforce mastery of the concepts.

Mondays: 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23

8 classes 6:30 - 8:30 pm Fee: \$216 (reduced with English = W#1), course W #3, Room: 113 scholarship available

Instructor: Matt Burke

Poetry Writing Workshop

This course will focus on students' original works of poetry. We will read and discuss the work in a safe and supportive way. Each class will include writing exercises to keep the creative juices flowing and discussions on topics and techniques important to verse.

Thursdays: 10/8, 10/15, 10/22, 11/5, 11/12
5 classes 6:30 - 8:00 pm Fee: \$135, course W #4, Room: 503

Instructor: Justen Ahren

Writing and Selling Your Book

is a ten-hour course designed for those who have always wanted to write a book, but don't know how to start. It is also for those who've stashed a manuscript in a bottom drawer and feel it's time

Adult and Community Education of Martha's Vineyard, Massachusetts (ACE MV) provides educational opportunities for enrichment, practical training, college credit, and life-long learning that bridge generations and cultures to improve the quality of life for all members of our community. We work in partnership with the MV Public Schools and over 30 community organizations dedicated to these same goals.

to look it over. We'll give the writer courage to take it out of the drawer and breathe new life into it, or introduce an aspiring writer to the basics of starting at page one. Then we'll talk about how to sell a book once it's been written.

Tuesdays: 10/6, 10/13, 10/20, 11/3, 11/10
5 classes 6:30 - 8:30pm Fee: \$135, course W #4, Room: 515

Instructor: Cynthia Riggs

Student Feedback: *"Beyond expectations. Cynthia Riggs is an island treasure! Her class was informative and encouraging. Her enthusiasm and inspiration colored a well-outlined syllabus."*

—C.Messmer

Writing in the Moment: Everyone Can Write!

Find the Writer in You! – This course offers an opportunity for individuals with varied writing experience to write from their own perspective, in the moment. This class is about getting the writing juices sparked and flowing. It is not about writing in any particular format or genre, but is simply an opportunity to connect with your inner voice and put pen to paper to express your own unique perspective. This class promises to bring good feelings and a sense of the writer living inside each participant.

Wednesdays: 10/7, 10/14, 10/21, 10/28, 11/4
5 classes 6:30 - 8:30pm Fee: \$135, course W #6, Room: 201

Instructor: Gwendolyn C. Natusch

Keys to Independent Reading (for parents)

The goal of this class is to help parents of children who are having difficulty with reading in kindergarten through third grade. Parents will learn how to help their children achieve mastery through lessons in consonants, vowel sounds, general rules, developmental levels and reading levels.

Tuesday: 11/3 1 seminar 6:30 - 7:30 pm
Fee: \$20, course W #7, Room: 510

Instructor: John Cummings



VOLUNTEERISM

American Red Cross Trainings

These classes are **free** but students must pre-register for each course. Learners who complete the Red Cross Unit of 7 courses will be registered as MV Disaster trained volunteers who will assist in the community during small and large disasters including one-family fires and hurricanes. Cosponsored by the American Red Cross. Room: 419

Instructors: Jim Thomas, Sharry Grunden, Becky Alden, Michael Robbins

Fulfilling Our Mission: Translating your compassion into community action - The basic entry level course which introduces potential disaster volunteers and members of other local agencies to the role of the Red Cross in the community's actions in preparing for responding to and recovering from emergencies and disasters. Tuesday: 10/6 6:00 - 9:00pm; course VOL #1

Mass Care Overview: This course is designed to introduce learners to the various activities and functions necessary for the provision of effective disaster response. Friday: 10/9 6:00 - 9:00pm; course VOL #2

Client Casework: Providing emergency Assistance - This course is designed to train potential disaster volunteers how to conduct effective client

ACE MV AUTHORS' READING

Nov. 13 · 6:30-7:30 pm MVRHS
Cosponsored by Bunch of Grapes

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Coming soon: **International Work/Study/Volunteer Program** linking Islanders to global humanitarian efforts.

interviews and provide appropriate assistance to help meet a client's immediate disaster caused or disaster aggravated needs. Saturday: 10/10 9:00am - 3:00pm; course VOL #3

Shelter Operations: This course is designed to introduce learners to the various roles and functions performed when a disaster shelter must be opened during a disaster. Tuesday: 10/13 6:00 - 9:00pm; course VOL #4

Shelter Simulation: This course builds on the information learned in the Shelter Operations course. The learner practices using the procedures needed for opening, operating and closing a disaster shelter. Tuesday: 10/20 6:00 - 9:00pm; course VOL #5

Psychological First Aid: This course provides a framework for understanding the factors that affect stress responses in disaster relief workers and the clients they serve. Tuesday: 11/3 6:00 - 9:00pm; course VOL #6

Standard First Aid with CPR/AED-Adult: To train learners to overcome reluctance to act in emergency situations and to recognize and care for life threatening respiratory or cardiac emergencies in adults. Saturday: 11/7 9:00am - 3:00pm; course VOL #7

More Northeastern University classes coming this winter! Let us know early if you're interested!

Brazilian History. Instructors: Sharilyn Geistfeld, Ph.D. & William Gamson, Ph.D.

Creative Teaching Strategies for World Language and ELL Teachers. Instructor: Lynn Ditchfield, M.A., M.Ed.

Imagination! The Heartbeat of the Intellect. Storytelling and its uses K-12 . Instructor: Susan Klein, M.Ed.

Maintaining Professional Enthusiasm. Instructor: Peg Regan

Thank you supporters!

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Tisbury Farm Market · Tisbury Printer · YMCA



Justen Ahren has an MFA from Emerson College in Boston. He runs the Martha's Vineyard Writers Residency in Edgartown and was recently nominated poet laureate of West Tisbury. He has taught at Featherstone, and been a resident writer at The David and Julia White Writer's Retreat in Costa Rica and at San Miguel Poetry Workshop in San Miguel de Allende, Mexico. His work has appeared in numerous journals, most recently Fulcrum: an Annual of Poetry and Aesthetics.

*****Maria Avila** has been a Reiki master teacher and practitioner for 19 years. She has trained with several Reiki masters of different schools and lineages. Maria is originally from Brazil where she graduated from Universidade Candido Mendes in Rio de Janeiro, majoring in ESL. In Brazil she worked on many community and cultural projects including developing a school for special needs children. Currently, Maria practices Reiki and teaches both Portuguese and English. In addition to her native language of Portuguese, Maria speaks English, German, and French fluently and communicates well in Spanish.

Helene Barr created and taught a floral design series of classes for Norwalk Community College, and Adult Education programs in Greenwich, Darien and Westport, Ct. for over 20 years. She was also a floral designer for 25 years and wrote a gardening column, The Garden Gate, for 10 years. She is passionate about flowers and loves to teach and share her years of experience.

Jeff Bernier is the Computer Science teacher at MVRHS Regional High. He teaches introductory computer courses as well as advanced courses in Graphics, Programming, and Web Design.

Charles Blank has a Masters in Music, a Certificate in Piano Pedagogy and twenty years experience working with beginner adults. He is committed to making a wide variety of music accessible to those with limited experience on piano or keyboard.

Matt Burke received his MEd from Lesley University. He has taught a variety of subjects from the middle school to the high school level. For the past two and a half years he has been teaching Adult Basic Education and GED classes. He is currently doing work towards his ABE Professional Licensure.

Scott Campbell graduated from Wisconsin State University with a BA in Education and received his Masters in Art Education from Syracuse University. He currently teaches Arts and Crafts at MVRHS and as a potter displays regularly at Featherstone and other Island artists' venues.

Tom Carberry calls himself "just an average guy who took an interest in this, not a professional dancer or an exceptional athlete. If I can do this then anyone can." Tom has been taking group and private

lessons for 10 years. He appreciates the healing and therapeutic values of social dancing, and enjoys teaching some of the secrets of turning two individuals into a dance couple.

****Braulio Carreno** holds a master's degree in computer science. He was a professor at Universidad de Chile and has worked as a software engineer and technology consultant for 18 years. Between 1998 and 2008 he was chief information officer of Bookpool.com, the largest online computer bookseller and one of the first e-commerce companies.

Robert Culbert has 30 years of experience birding on Martha's Vineyard. He moved here in 1978 because of the Island's exceptional bird life. He has taught about birds in many programs for Mass Audubon's Felix Neck Wildlife Sanctuary and other groups, written over 150 Bird News and All Outdoors columns for the Vineyard Gazette, and has organized the annual Martha's Vineyard Christmas Bird Count since 1994.

John Cummings is a retired school psychologist of the Boston Public School where he worked for 37 years, 10 years as an elementary school teacher, and 27 years school psychologist.

Ron Dagostino is President of the State Street Boston Toastmasters Club, and he recently received the Competent Communicator and Competent Leader designations from Toastmaster, International. He has worked at State Street Global Advisors in Boston since 1996 where he is currently a Vice President and Senior Software Development Architect. Ron is also the Treasurer on the Board of Directors at the Vineyard Playhouse.

MJ Bindu Delekta is Director of Sacred Circle of Yoga Studio, Vineyard Haven. MJ has practiced yoga and meditation for over 35 years and has been teaching her innovative style of yoga for the past 20 years. Her certification is 500hr RYT with Kripalu Center for Yoga & Health. MJ has also trained in Kayavarohan, India, and has studied with many of the world's foremost teachers of yoga and the healing arts.

*****Pablo DeOliveira and Adilson Ribeiro**, Second Monitor, or Gunga as he is known in Capoeira, have been involved with Capoeira in Martha's Vineyard since 2006. They're affiliated with the Capoeira Association Mandingueiros dos Palmares of Mestre Chuvisco who has over 40 years of experience in Capoeira. Together, they formed a serious group dedicated to introduce the art of Capoeira to Martha's Vineyard and spread its roots. For more information please visit our website at www.mvcapeira.com

****Brooke Hardman Ditchfield** is a professional actress who has performed extensively on the regional theatre circuit. Brooke has taught Shakespeare in rural Montana as a company member of Montana Shakespeare in the Parks and to inner-city

high school students during her three years as an Artist in Residence at the Court Theatre in Chicago. She holds a BFA in Acting from Boston University and has trained with Chicago Shakespeare Theatre and Shakespeare & Company.

Catherine Finch graduated from Parson's School of Design in 1985 and worked on the Island for Architect Neils Gabel-Jorgensen until 1990 when she opened her own business in Architectural Design and began the study of Feng Shui. She graduated from the first three year Advanced Professional Feng Shui Training Program taught in this country. She also had extensive training in Shamanic Practices and thus chose a Feng Shui school based in the shamanic practices of the indigenous Bon peoples of Tibet. She has been a Feng Shui Consultant for 13 years and has designed houses for 22 years. Her business is called The Living Space Company.

Dr. Michael Goldfein has been fencing since his teens. He has had many years of experience as a competitive fencer and instructor of foil and epee. Since the founding of the Martha's Vineyard Fencing Club, about 20 years ago, he has been instructing new fencers on the island.

Jon Harris is a vibrational energy healer and has been engaged in distance healing for five years. For many years an elementary teacher on MV, his goal is to teach everyone to heal themselves.

Janet Holladay has Masters degrees from Harvard Divinity School and Harvard Extension School and is interested in "values-driven, reflectively-based action in the world." She is a book and graphic designer and has worked for 25 years at the Tisbury Printer in Vineyard Haven.

Chef Marvin Jones has been sharing his culinary delights on the Vineyard since them'70s. He is now known for his take-out section of the Tisbury Farm Market specializing in his famous salsas and other treats, Jamaican Nights on the Cliffs, and his catering company Lobster in the Bluffs. Marvin was inspired to cook authentic Mexican foods after touring Mexico and New Mexico, learning about red & green sauces, and cooking for at Zapotec Restaurant.

Michele Jones has been teaching music since 1968. Many of her students have gone on to professional careers, or on to conservatories and/or music schools.

*****Lidia Kassabgi** was born near Florence, Italy. In college, she studied languages at the Istituto Leonardo Da Vinci and now speaks Italian, French, and Spanish fluently. Lidia came to the US 36 years ago. She has been teaching Italian lessons privately for 11 years on Martha's Vineyard.

Margaret Knight, a certified Alexander Technique teacher, has been teaching on Martha's Vineyard for 20 years. She has also studied Authentic Movement, Mindell's Process Work, and cranio-sacral therapy. Her practice in Alexander Technique and



Restorative Bodywork is at Church and Main Natural Therapies, .

Barbara Lampson is an award-winning landscape designer who has appeared repeatedly on HGTV, and has had her landscapes published in the books *Outside the Bungalow* and *Living With the Arts and Crafts*. Having grown up on Martha's Vineyard, Barbara specializes in the design of period and architecturally specific gardens, designed to fit both the house and the site.

Judith Harmon Miller received her Ed.D. from the University of Massachusetts at Amherst, her Masters of Arts in teaching degree from Harvard School of Education, and her B.A. from Skidmore College. She has been a Professor of Teacher Education, Castleton State College and an associate at Bard Institute for Writing and Thinking, and an Assistant Professor of the Teacher Education Program at Middlebury College. She also taught high school social studies and English in Massachusetts and Colorado.

Christina Montoya earned a BA in dance from Bennington College and has studied many different kinds dance from around the globe. Her study of Cuban dance took her to Havana on three separate occasions, in addition to her dance studies in Brazil and Bali, just to name a few. She has taught and performed on and off Martha's Vineyard for the past several years and really enjoys integrating all her different dance influences into her teaching and performing.

Lily K. Morris grew up on Chappaquiddick and has always loved tying knots. She worked on tall ships for seven years, teaching students of all ages how to sail and work aboard a ship. She holds a USCG 100-ton master's license, and when she is not sailing or tying knots, she makes a living as an artist and massage therapist ("un-tying" knots). Her current projects include a knot-tying column for *Edible Vineyard Magazine*, and volunteering for *Vineyard Voyagers*.

Gwendolyn Natusch has been an Island educator for many years and earned her Master's Degree in Education at the University of Michigan. Her professional experiences have embraced the arts in many different ways, as costume designer, acting instructor, playwright, theatre production director, and facilitator of workshops that fuse writing and art.

Niki Patton has trained personal clients on computers and helped resolve computer software issues for 25 years - the same amount of time she has worked with accounting/bookkeeping and tax issues.

Paul Pimentel is an expert in the field as an engineer practicing for 40 years and the Senior Vice President of NORESO, a quarter billion dollar company doing energy efficiency and renewable projects all over the world.

Dr. Oceana Rames is a naturopathic doctor practicing on the island.

Naturopathic medicine is based on the principal that true healing lies in supporting our natural healing ability, using nutrition, homeopathy, and herbs. Dr. Rames regularly lectures and teaches about nutrition, weight loss, exercise, and other health topics.

BZ Riger is a member of the international nine-women high-ranking blogger team, the host of an international talk radio show, author, attraction marketing and success life coach, successful entrepreneur and multimedia content creator. She teaches and coaches clients in the US and around the globe. She is the author of the book *Soul for Success*.

Cynthia Riggs is working on her tenth mystery set on Martha's Vineyard and featuring 92-year-old Victoria Trumbull. She lives in West Tisbury in her family homestead, the Cleaveland House, which she runs as a B&B catering to poets and writers. She has a BA in geology from Antioch College, an MFA in creative writing from Vermont College, and holds a U.S. Coast Guard Masters License (100-ton vessels).

Michael Robbins is currently co-training administrator with Becky Akden responsible for all Disaster Services Training on Cape Cod & the Islands. He is responsible for all disaster services, shelter operations, and community education for the Upper Cape. Michael is Certified Instructor, certified in First Aid, CPR, and driving the ERV (Emergency Response Vehicle). He volunteered for Red Cross after Hurricane Katrina, has responded to various disasters on the Cape, and is the recipient of the Cape & Islands Red Cross 'Volunteer of The Year Award' '09.

Robert Sawyer is the only licensed real estate instructor on the Vineyard. He teaches all of the licensing and continuing education courses for real estate professionals for Dukes Academy. He is an advisor to the Massachusetts Board of Registration for real estate and author of *Massachusetts Real Estate, Principles, Practice and Law*. He maintains a real estate and financial consulting practice advising investors, buyers, sellers, and tenants in troubled situations. He was designated a National Subject Matter Expert by a major national testing firm.

Judy Searle got her degree in English from Boston College. She taught high school level English many years ago and then became a technical editor. She returned to teaching Reading and Writing in the ACE GED program and as an ESL teacher.

Elizabeth Stobart received her Bachelor of Science in Early Childhood Education from Wheelock College and majored in Child Life, working with children in health care settings. She is currently a teaching assistant at the Edgartown School and has worked for the past two winters with the GED program on Martha's Vineyard.

Susan Strane received her BS degree in Journalism from Northwestern University

and her M.F.A. from Columbia University. She was a former Peace Corps Volunteer in Rural Community Development in Turkey, and she currently works on Martha's Vineyard as an author, journalist, and editor.

Peg Thayer, Ph.D. received her Ph.D. in East-West Psychology from California Institute of Integral Studies, and her MA in Consciousness Studies from John F. Kennedy University. She is also a writer and visual artist who has been a Martha's Vineyard resident for 15 years. She has had numerous one-woman shows and has curated Art as Healing shows for the last ten years at Firehouse Gallery and Featherstone Center for the Arts. She is currently the administrative coordinator for Unitarian-Universalist Society of MV and Center Director for Transpersonal and Consciousness Studies on-line at Akamai University. Her publications include *The Experience of Being Creative as a Spiritual Practice* and *Elderscence: The Gift of Longevity*.

James Thomas currently serves as the Volunteer Coordinator for the American Red Cross on Martha's Vineyard. He was the Executive Director of the Loudoun County Chapter of the Red Cross and Leadership Volunteer/Instructor for Fredericksburg, VA. Jim currently works in Private Management Consulting Conflict Resolution, Alternative Dispute Resolution, Workplace Violence, Diversity, Sexual Harassment, Communications, and Board Development.

Keren Tonnesen has taught roller-skating for more years than she cares to admit (since the 70's). Hooping is another flow toy with many similar concepts.

****Maribel Umpiérrez Adams** was born in Uruguay, South America where she studied Education at Instituto Magisterial, Pando, Uruguay. She has lived in the USA for many years where she enjoys teaching Spanish to children and adults.

Jannette Vanderhoop is an Island Wampanoag and a natural educator by passion. Ms. Vanderhoop is currently the program coordinator at the Aquinnah Cultural Center and a professional artist and gardener. She has authored and illustrated children's books and ran the "Turtle Project" a cultural program for tribal children for many years.

Dr. Elaine Cawley Weintraub, a Massachusetts Teacher of the Year and co-founder and research historian of the African American Heritage Trail of Martha's Vineyard, is a member of the American Conference on Irish Studies. She makes several presentations on Irish History in the U.S. and Ireland, and currently serves as board chair of the African American Heritage Trail of Martha's Vineyard, as Commissioner for Dukes on the Governor of Massachusetts Commission on the Status of Women, History Department Chair at the Martha's Vineyard Regional High School and a member of the Massachusetts Commissioner for Education's Global Advisory Committee.

Mondays — Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 23

Essential Math Matt Burke

Tuesdays — Oct. 6, 13, 20, Nov. 3, 10

Intro to Mac Jeff Bernier

Bloggng I BZ Riger

Writing & Selling Cynthia Riggs

Social Dancing Tom Carberry

Guitar Michelle Jones

iRest/Yoga nidra MJ Deleketa

Ceramics Scott Campbell

Portuguese I (4 classes) Maria Avila

Red Cross Series (4 weeks) Jim Thomas

Wednesdays — Oct. 7, 14, 21, 28, Nov. 4

Passions to Profit BZ Riger

Quicken Niki Patton

Capoeira Pablo & Company

Public Speaking Ron Dagostino

Piano Chas Blank

Writing in the Moment Gwen Natauch

Floral Design Helene Barr

Nutrition/Dieting Oceana Ramos

Knots Lily K. Morris

Real Estate (3 classes) Robert Sawyer

Essential English Judy Searle & Elizabeth Stobart

Thursdays — Oct. 8, 15, 22, Nov. 5, 12

Social Networking Braulio Carreño

Work Smarter BZ Riger

Understanding Shakespeare Brooke H. Ditchfield

Self-Healing Jon Harris

Fencing Michael Goldfein

Piano Chas Blank

Italian Lidia Kassabgi

Spanish Maribel Umpiérrez

Poetry Justen Ahren

Home Landscape Barbara Lampson

Birding 101 Robert Culbert

Modern Turkey Susan Strane

Seminars

TUESDAYS

10/6 - Mexican Cooking Marvin Jones

10/6 +11/10 - Wampanoag Jannette Vanderhoop

10/13 - Energy & Island Paul Pimentel

11/3 - Alexander Technique Margaret Knight

11/10 - Keys to Reading John Cummings

11/10 - Reiki Maria Avila

WEDNESDAYS

2/11- Ad to Interview: Landing a Job Elaine Pace

1/21 + 2/4 - Marketing for Artists Jenn Sherr

THURSDAYS

10/8 +11/5 - Barefoot Salsa Christina Montoya

10/15 - Feng Shui Catherine Finch

11/12 - Hula Hoop Dance Keren Tonnesen

Northeastern University Semester

— Wednesdays Oct. 7- Jan. 12

Psychology: Mind, Body, Meaning Peg Thayer

Northeastern University Weekends

— Oct. 9-10, Oct. 23-24, Nov. 6-7, Dec. 11-12

Irish History Elaine Weintraub

World Religions Janet Holladay

PARTNER GROUPS & COMMUNITY ORGANIZATIONS OFFERING EDUCATIONAL OPPORTUNITIESAquinnah Cultural Center: Jannette Vanderhoop 508-645-7900 · www.wampanoagtribe.net/Pages/Wampanoag_ACC/indexArt Farm Enterprises: Sustainable Art on MV, www.artfarmenterprises.com

Center For Creative Expression, 65 Edgartown Vineyard Haven Rd, Vineyard Haven, MA 02568-4035

Featherstone Center for the Arts: Contact: Francine Kelly, 508-693-1850 or featherstone@featherstonearts.org, · www.featherstonearts.orgFelix Neck Wildlife Sanctuary: 508-627-4850, felixneck@massaudubon.org · www.massaudubon.orgIsland Councils on Aging & Supportive Day Program: Leslie Clapp · icoa@vineyard.netIsland Grown Initiative: Ali Berlow · www.islandgrown.org/Martha's Vineyard Adult Learning Program: mvalp.com/ Jeanne Burke, mvalp@verizon.net, 508- 696-6548Martha's Vineyard Community Services: 508 693-7900 · www.mvcommunityservices.com/Martha's Vineyard Community Television: 508-696-9760 · mvtv@mvtv.org, · www.mvtv.org/Martha's Vineyard Donors' Collaborative: 508-645-3690 · peter@mvdonors.orgMartha's Vineyard Museum: www.marthasvineyardhistory.org/Martha's Vineyard Public Schools: 508-693-2007 · www.mv.k12.ma.us/Martha's Vineyard Women's Network: info@mvwomensnetwork.org · www.mvwomensnetwork.org/join.Nathan Mayhew Seminars: www.nathanmayhew.orgSusan Klein, Ruby Window Productions: www.susanklein.netVineyard Haven Library: Adult Evening Lecture Series, Betty Burton · www.vhlibrary.org/Wampanoag Tribe of Gay Head (Aquinnah) Heidi Vanderhoop, 508-645 9265 ext 153 · hvanderhoop@wampanoagtribe.netWomen Empowered, womenempowered@comcast.net, 508-696-888 · Sheila BracyYMCA of MV: Peg Regan, interim exec. director · www.ymcamv.org/